Will I still feel feminine using a breast prosthesis?

Yes! The prosthesis will feel apart of you. The prosthesis will give you your natural figure back, will ensure that your clothes sit symmetrically, provide even weighting (Left to right) and will take on your body’s temperature - making you feel you confident and secure.

Where do I get post-mastectomy bra’s and swimsuits?

Conrad Barnard Orthotics & Prosthetics also has an extensive range of bra’s as well as swimsuits ensuring that you are comfortable & confident.

How much does it cost?

Initial breast prostheses worn directly after surgery cost approximately R 350. While silicon breast prostheses range from a R 1700 to R 2400.

PLEASE NOTE THAT THESE PRICE MAY VARY DEPENDING ON TYPE AND SHAPE OF PROSTHESES REQUIRED.

Does Medical Aids cover the cost of a breast prosthesis?

Most medical aids will cover the cost of the breast prosthesis and mastectomy bra, as long as you get a prescription from your doctor.

Generally medical aids will pay for one silicone breast prosthesis every two years or one to two foam forms every six months and two to four mastectomy bras a year, although mastectomy bathing suits are usually not covered by medical aid. Ex-gracia and special motivation can also be used to obtain these prostheses. We will happily write a motivation as to why you need a breast prostheses.

How do I make an appointment?

You can contact us on the numbers listed below to arrange for an appointment or if you would like more information regarding breast prostheses.

For bra’s & swimwear, no appointment is needed – our friendly staff will happily assist.
Types of prosthetic devices

There are 2 types of breast prostheses – Silicon & non-silicon type breast prostheses.

Non-silicone breast prosthesis. This prosthesis is a lightweight breast form made of foam or fiberfill and can be worn right after a mastectomy. It can also be worn during exercise, swimming, and in hot weather.

External silicone breast prosthesis. This type of prosthesis is made of silicone and designed to model natural breast tissue. The prosthesis is designed to weigh the same as the natural breast to help prevent shoulder drop and poor balance.

External silicon breast prostheses are used & fitted after you have completely healed from surgery, which typically takes between four and eight weeks.

These prostheses are available in various different sizes & shapes to match the opposing breast.

Being fitted for a prosthesis

After you have completely healed from surgery, which typically takes between four and eight weeks, you can be fitted for a silicon prosthesis.

Conrad Barnard Orthotics & Prosthetics stock prostheses, post-mastectomy bras, swimsuits, and are staffed by fitters who are specially trained to fit women for breast prostheses.

*Note: Male & Female fitters are available. Please ask when making an appointment.

At the first fitting appointment, it’s recommended that you wear a form-fitting garment, such as a knit top, so you can see how the shape and size of the breast form matches the other breast. With proper fitting, the prosthesis will not be noticeable.

How does the prostheses stay in place?

External breast prostheses stay in place using 1 of 3 methods:

- Special Mastectomy Bra’s have pockets designed to house the prostheses and ensure correct positioning.
- A “clip-on” system allows the breast prostheses to clip onto the bra’s shoulders strap. (this is available for selected types of prostheses).
- Some breast prostheses come with adhesive and sticks to the skin. This is removed daily.